

FAMILY JUSTICE CENTRE **PARENTING AFTER SEPARATION**

The task of continuing to parent while working through the legal, emotional, social and financial turmoil of the separation process can be very difficult. The New Westminister, North Vancouver, Port Coquitlam, Richmond and Vancouver Family Justice Centres are offering a series of workshops to assist families through this process. The goals of these workshops are to attempt to reduce the stress of the process for families and to assist them to move forward in their lives. Some of the topics may include the following:

- The court process, the mediation process and the role of the Family Justice Counselor.
- The child and parent's experiences of the separation process.
- Strategies to help yourself and your child through this process.
- Identify when and how to seek professional help for your child or yourself.
- Effective ways to communicate and problem solve in order to build a positive co-parenting relationship.

January - March 2010 Workshop Dates

| New Westminister | | |
|-----------------------------------|-----------------------------------|-----------------------------------|
| Thurs. Jan 7 (6:00 pm - 9:00 pm) | Thurs. Feb 4 (6:00 pm - 9:00 pm) | Thurs. Mar 4 (6:00 pm - 9:00 pm) |
| Wed. Jan 13 (9:00 am - 12:00 pm) | Wed. Feb 17 (9:00 am - 12:00 pm) | Wed. Mar 17 (9:00 am - 12:00 pm) |
| Thurs. Jan 21 (6:00 pm - 9:00 pm) | Thurs. Feb 25 (6:00 pm - 9:00 pm) | Thurs. Mar 25 (6:00 pm - 9:00 pm) |

| North Vancouver | | |
|---------------------------------|---------------------------------|---------------------------------|
| Wed. Jan 6 (6:00 pm - 9:00 pm) | Wed. Feb 3 (6:00 pm - 9:00 pm) | Wed. Mar 3 (6:00 pm - 9:00 pm) |
| Wed. Jan 20 (6:00 pm - 9:00 pm) | Wed. Feb 17 (6:00 pm - 9:00 pm) | Wed. Mar 17 (6:00 pm - 9:00 pm) |

| Port Coquitlam | | |
|----------------------------------|---------------------------------|----------------------------------|
| Tues. Jan 5 (6:00 pm - 9:00 pm) | Tues. Feb 2 (6:00 pm - 9:00 pm) | Tues. Mar 2 (6:00 pm - 9:00 pm) |
| Tues. Jan 19 (6:00 pm - 9:00 pm) | Tues. Feb 16 (9:00 am-12:00 pm) | Tues. Mar 16 (9:00 am-12:00 pm) |
| | | Tues. Mar 23 (6:00 pm - 9:00 pm) |

| Richmond | | |
|----------------------------------|----------------------------------|----------------------------------|
| Tues. Jan 19 (6:00 pm - 9:00 pm) | Tues. Feb 2 (6:00 pm - 9:00 pm) | Tues. Mar 2 (6:00 pm - 9:00 pm) |
| | Tues. Feb 16 (6:00 pm - 9:00 pm) | Tues. Mar 16 (6:00 pm - 9:00 pm) |

| Vancouver | | |
|-----------------------------------|-----------------------------------|-----------------------------------|
| Tues. Jan 5 (9:00 am - 12:00 pm) | Wed. Feb 10 (6:00 pm - 9:00 pm) | Wed. Mar 10 (6:00 pm - 9:00 pm) |
| Wed. Jan 13 (6:00 pm - 9:00 pm) | Tues. Feb 16 (9:00 am - 12:00 pm) | Wed. Mar 17 (6:00 pm - 9:00 pm) |
| Tues. Jan 19 (9:00 am - 12:00 pm) | Wed. Feb 24 (6:00 pm - 9:00 pm) | Tues. Mar 23 (9:00 am - 12:00 pm) |
| Wed. Jan 27 (6:00 pm - 9:00 pm) | | Wed. Mar 31 (6:00 pm - 9:00 pm) |

Pre-registration required – Child care services are NOT provided

(Parents will be registered in separate sessions)

CALL

Justice Education Society

(formerly known as Law Courts Education Society of BC)

604-775-0856

or call toll-free

1-800-775-0856

***** PLEASE BE ADVISED THAT PORT COQUITLAM IS NOT WHEELCHAIR FRIENDLY**