

Family Justice Centre **Parenting After Separation**

The task of continuing to parent while working through the legal, emotional, social and financial turmoil of the separation process can be very difficult. The New Westminister, Port Coquitlam, and Richmond Family Justice Centres are offering a series of workshops to assist families through this process. The goals of these workshops are to attempt to reduce the stress of the process for families and to assist them to move forward in their lives. Some of the topics may include the following:

- The court process, the mediation process and the role of the Family Justice Counselor.
- The child and parent's experiences of the separation process.
- Strategies to help yourself and your child through this process.
- Identify when and how to seek professional help for your child or yourself.
- Effective ways to communicate and problem solve in order to build a positive co-parenting relationship.

January - March 2012 Workshop Dates

New Westminister

Thurs. Jan 5 (6:00 pm - 9:00 pm)	Thurs. Feb 9 (6:00 pm - 9:00 pm)	Thurs. Mar 1 (6:00 pm - 9:00 pm)
Thurs. Jan 19 (9:00 am - 12:00 pm)	Thurs. Feb 16 (9:00 am - 12:00 pm)	Thurs. Mar 8 (9:00 am - 12:00 pm)
Thurs. Jan 26 (6:00 pm - 9:00 pm)	Thurs. Feb 23 (6:00 pm - 9:00 pm)	Thurs. Mar 15 (6:00 pm - 9:00 pm)

Port Coquitlam

Tues. Jan 10 (6:00 pm - 9:00 pm)	Tues. Feb 7 (6:00 pm - 9:00 pm)	Tues. Mar 6 (6:00 pm - 9:00 pm)
Tues. Jan 17 (9:00 am - 12:00 pm)	Tues. Feb 14 (9:00 am - 12:00 pm)	Tues. Mar 13 (9:00 am - 12:00 pm)
Tues. Jan 24 (6:00 pm - 9:00 pm)	Tues. Feb 21 (6:00 pm - 9:00 pm)	Tues. Mar 27 (6:00 pm - 9:00 pm)

Richmond

Wed. Jan 18 (6:00 pm - 9:00 pm)	Wed. Feb 15 (6:00 pm - 9:00 pm)	Mon. Mar 5 (6:00 pm - 9:00 pm)
Wed. Jan 25 (6:00 pm - 9:00 pm)	Mon. Feb 27 (6:00 pm - 9:00 pm)	Mon. Mar 12 (6:00 pm - 9:00 pm)

Justice Education Society

Local: **604-775-0856**
Toll Free: **1-800-775-0856**

Pre-registration Required
Child Care services are NOT provided
Parents will be registered in separate sessions
Port Coquitlam evening sessions are NOT wheelchair friendly*